

·Be the Best Future Physician You Can Be Series

Part 2: *Navigating Wellness as a Physician*

Date: Monday, November 13th from 3:00 – 4:00 pm

Location: Bldg 2-135

What is it like to navigate the wellness arena as a physician or a physician-in-training? How can you prioritize psychological health and balance a challenging curriculum/program?

Hear [Sayuri Jinadasa MD](#), Critical Care Research Fellow and General Surgery Resident at Beth Israel, address these questions and more about the benefit of managing wellness as a physician.

·Developing & Requesting Letters of Recommendations Webinar

Date: Thursday, November 30th from 3:00 – 4:00 pm

WebEx

Link: <https://mit.webex.com/mit/onstage/g.php?MTID=e317add77fb079084bae00cf05beaa6d8>

Admissions officers reported in a recent [survey](#) that letters of recommendations are the 2nd most important factor for deciding whom to accept. Join this webinar to learn how to successfully build connections with faculty, PI's, etc., and get tips on how to request strong letters of recommendation for your medical school application.

Register in advance on

CareerBridge: <http://bit.ly/LettersofRecommendtionforMedSchool>

·MD vs. MD-PhD – Which path is for you?

Date: Monday, December 4th from 12:30 – 1:30 pm

Location: Bldg 2-105

Do you have an interest in medical school but unsure whether to pursue a MD or MD-PhD? Join Dr. Dennis Kim and other MD's and MD-PhD's here at MIT as they discuss the reasons they pursued these medical degrees and answer all your questions regarding each path.

Register in advance on CareerBridge: <http://bit.ly/MDvsMDPhD>

·Prehealth Group Advising 2: Medical School Essay Brainstorming

Date: Wednesday, December 6th from 12:00 – 1:00 pm

Location: Bldg 3-133

This group advising session will help you begin articulating your reason for Why Medicine? We'll discuss any individual questions on your personal statement and offer tips and strategies for you to get started. Or you can simply stop by to start working on your own personal statement. 2019 Matriculates are encourage to attend, but all premed/prehealth students are encouraged to stop by, connect with your prehealth advisors, and ask any questions.

Lunch will be served!

Register in advance on CareerBridge: <http://bit.ly/MedSchoolEssayBrainstorming>

MIT PREHEALTH ADVISING

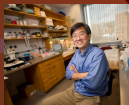
Group Advising with

DENNIS KIM: 2

Monday, December 4th, 2017

12:30PM- 1:30PM

2-105



careerbridge.mit.edu
prehealth@mit.edu



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MD

VS

MD/PhD